



Pre/Post Treatment Information - Neurotoxin

Before Treatment

- Avoid taking aspirin or other non-steroidal anti-inflammatory drugs such as Ibuprofen, Advil®, Motrin®, Nuprin®, Aleve®, Celebrex®, Fish Oil, Ginko Biloba, St. John's Wort and high doses of Vitamin E for 7-10 days prior to procedure, as these may cause an increased risk of bleeding and bruising at the treated site(s). Regular multi-vitamin and Tylenol® is permitted (If not contraindicated).
- Avoid alcoholic beverages for 24 hours prior to procedure as this can increase the risk for bleeding and bruising at the treated site(s).
- Avoid waxing, bleaching, tweezing, or the use of hair removal creams in the area(s) to be treated.
- Sunburned skin is difficult to treat, so avoid exposure to the sun.
- Eat a small meal or a snack before your appointment.
- Always inform your injector of all medications, including supplements you may be taking as well as your medical history.

PRECAUTIONS

You would not be considered a candidate for Botox® if you have any of the following:

Myasthenia Gravis
Allergy to Botulinum Toxin
Neuromuscular disorder
Pregnant or breastfeeding
Allergy to human albumin
Skin infection at planned injection site
Allergy to cow's milk protein (for Dysport Injection)

After Treatment

- You may apply makeup immediately following your treatment. Avoid facials and saunas the day of treatment.
- Try to use the injected muscles for the first 1-2 hours after treatment: practice frowning, raising your eyebrows and squinting. This helps work the neurotoxin into your muscles. Although this is thought to help, this will not impact your treatment negatively if you forget.
- The results of your treatment can take up to 14 days to take full effect. Usually, patients notice a change in 4-7 days. It takes time for the muscles to relax and the lines to fade following neurotoxin treatment. Please wait until 14 days have passed before assessing if you are pleased with the results.
- Do not touch or rub injected site for 2-4 hours following treatment. Avoid exercise and sweating for the remainder of the day and no lying down or leaning forward for 2-4 hours after treatment.
- There can be a slight chance of bruising at the treated site, this is temporary. Be assured that any tiny bumps or marks will go away within a few hours of treatment.
- Avoid any type of facial, microdermabrasion, or massage for 7 days after treatment.
- Avoid Ibuprofen, Advil, or Motrin. Tylenol is acceptable to take if you are experiencing discomfort (if not contraindicated)
- Neurotoxins are a temporary procedure and at first, you may find that your treatment results will last approximately 3-4 months. If you maintain your treatment appointments with the frequency recommended by your clinician, the duration of each treatment results may last longer than 4 months.
- Your satisfaction is important to us! When checking out after your first treatment, please make an appointment to return to the office in 2 weeks for a quick follow-up appointment. This will ensure we are able to see how your facial muscles react to your treatment. If you require more product to fine-tune/adjust your treatment results, it can be done after the full 14 days at an additional cost. Alternatively, product may not be required.
- Remember your sunscreen every day!

*For after hours or weekend emergencies, if you are concerned about anything you consider significant (non-medical) about your treatment, please call 803-781-1201. When voice prompted, **SELECT OPTION TWO** to leave a voicemail for Amy Powers Estes, the Managing Owner. She will be notified with an automatic transcribed message and will contact you upon receipt. For any medical emergency, always call 911.*