



Pre & Post Care - Titan

Before Your Titan Treatment:

- **IMPORTANT- USE OF ANTIBIOTICS** - Before each treatment, please inform us if you are taking any new antibiotics or medications as they may make your skin photosensitive and likely to burn or blister. If this is the case, we may not be able to treat you for one to two weeks after completion of the medication.
- If being treated on your face, please arrive for your appointment with no makeup.
- Excess hair may need to be shaved (if area to be treated has hair). Men should be cleanly shaved.
- Avoid treatments that may irritate the skin for 1-2 weeks prior to treatment (waxing, depilatories, etc.)
- Notify Rejuvenations Medical Spa with any changes to your health history or medications since your last appointment.
- History of Herpes or cold sores may require an anti-viral prescription prior to treatment.

After Your Titan Treatment:

- Avoid sun exposure and use a broad spectrum (UVA/UVB) sunscreen to prevent further sun damage.
- Redness and swelling may occur and will resolve with time.
- Avoid heat – hot tubs, saunas, etc. for 1-2 days.
- Avoid skin irritants (examples below) a few days post-treatment: Products containing Tretinoin, Retinol, Benzoyl Peroxide, Glycolic/Salicylic Acids, astringents, etc...
- Notify Rejuvenations Medical Spa of any concerns (blistering, excessive redness/swelling, etc.)
- Multiple treatments will be required for maximum effect.
- Collagen remodeling with Titan may take 3-6 months before results are noticeable.

Emergency Information

Please contact Rejuvenations Medical Spa at 803-781-1201 during regular business hours if there are any questions or concerns with your treatment. For after hours or weekend, if you are concerned about anything you consider significant (non-medical) about your treatment, please call 803-781-1201. When voice prompted, SELECT OPTION TWO to leave a voicemail for Amy Powers Estes, the Managing Owner. She will be notified with an automatic transcribed message and will contact you upon receipt.