



CHEMICAL PEEL

PRE & POST CARE

For best results, please follow these instructions:

Before your treatment:

1. If possible, please do not wear makeup to your treatment.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week before your treatment.
3. Do not wax, tweeze or use a depilatory on treatment areas for 1 week prior to your treatment.

After your treatment:

1. Avoid sun exposure and tanning beds to treated areas after treatment (we recommend this indefinitely). Daily sunscreen with an SPF of at least 30 is vital to maintain your improved skin. Reapply every two hours during sun exposure.
2. Avoid any irritants to your skin, such as any products containing Retin-A, retinol, benzoyl peroxide, glycolic/salicylic acids, astringents or Vitamin C for one week after your treatment.
3. Do not wax, tweeze or use a depilatory to the treated areas for 1 week after your treatment.
4. If you do not need makeup for the evening of treatment, wait until the next morning.
5. Approximately 48 hours after treatment, your skin may start to peel. This peeling will generally last 2 to 3 days. **DO NOT PICK OR PULL THE SKIN.**
6. If significant crusting occurs beyond the normal flaking of the treated lesions, an antibiotic ointment such as Polysporin or Bacitracin may be recommended.
7. Do not use Clarisonic brush 6-7 days post peel procedure.
8. Post peel protectant may sting when applied but quickly subsides. For calming irritations, Hydrocortisone may be mixed with another home moisturizer. (Applies to **VI PEEL**)
9. An antihistamine may be taken to reduce itchiness.

Please call us if you have any questions at 803-781-1201!