Cosmetic Micro-pigmentation
Post Procedure Information &
After Care Instructions

REMEMBER: Like any cosmetic procedure this is a process. Do not expect immediate results -- and please be patient. It will be a few weeks before you can fully appreciate the results, and you will love it!

General Remarks on Shape and Color
Immediately after the procedure the area treated will look much darker and much more defined (as if it were “painted on”) than the final results. Be prepared for the color to be significantly lighter and the overall appearance much softer and more natural after the healing occurs. It will take time for this transition, based on how quickly the outer layer of your skin exfoliates. Usually the exfoliation (Peeling) process occurs about 4 to 5 days and will be complete at about day 7 (1 week). At that point the contrast between the initial intense and dark color and the new softer and lighter color may be such that you may be very disappointed. DO NOT WORRY!

1. It is expected and normal, and...
2. You will be receiving a second application, a “perfecting session” in a few weeks.

At that time SHAPE and COLOR will be adjusted to your liking. We can add very easily, but it is much more difficult to remove! You must wait at least four weeks between applications. Touching up a tattoo prematurely may result in a ruined tattoo.

EYEBROWS INFORMATION AND CARE
Immediately after the procedure your eyebrows will probably appear to be too dark, too thick and with rather unnatural “drawn in” appearance. It is only after healing is complete that you will be able to appreciate fully the color and softness of your eyebrows. Most of the time they will actually be too light, which will be corrected during the “perfecting session”.

EYEBROWS AFTER CARE
- During the healing period (1 week): Apply a thin coat of ointment 2-3 times a day. If your brows are too dark, after 24 hours you may soften their appearance by dabbing on a small amount of face powder after applying the ointment. Be sure to clean makeup and brush.
- To remove makeup, clean the area using only baby oil or mild soap and water.
- Be gentle and blot dry.
- Avoid direct exposure to the sun.
- Do not soak in water or let strong shower stream hit your eyebrows.
- Blot gently to dry.
- During the morning and evening of the first week, place cold water compresses on your eyebrows for 10-15 minutes throughout the day for four days if needed. Place A&D ointment on your eyebrows for four days as well.

After the healing is complete you may resume regular care. The use of sunscreen is recommended to prevent fading. If you use foundation, you will find that you are “hiding” your eyebrows. Just take a cotton swab dipped in baby oil and gently wipe the foundation from your eyebrows.

EYELINER INFORMATION AND CARE
Immediately after the procedure the eyelids will be slightly swollen. Because of the swelling the eyeliner will appear to be much thicker and sometimes distorted. The color will appear to be extremely dark, even when soft colors are used. DO NOT WORRY! In 2-3 days the liner will be reduced to the desired thickness and will be more even as the swelling goes down.
However the color will remain dark until the healing process is complete (approximately 7 days). At this point your eyeliner may be too light, uneven, “not enough”, etc…. Relax, when you return for your “perfecing session” we can adjust and add as much as you desire.

**EYELINER AFTER CARE**

- Immediately after the procedure and for the first 24 hours, brew tea bags in hot water for five minutes. Place teabags in ice water. When cold, place the teabags over each eye for ten minutes. You may store your tea bags in a baggy and keep them in the refrigerator. A tea bag compress is also good for puffy eyes.

During the healing period:
- Apply a small amount of ointment (or if allergic, use petroleum jelly) with a cotton swab each morning and evening. To clean use only baby oil or water.
- Be gentle and blot dry.
- Avoid direct exposure to the sun.
- Do not soak in water.
- After healing is complete you may resume regular care.
- Whenever you apply makeup be sure not to cover your eyeliner.
- No Mascara or Eye Shadow for at least 4 days after your eyeliner procedure.

**LIPS INFORMATION AND AFTER CARE**

**SHAPE:** Immediately after the procedure lips may appear to be uneven or crooked, due to swelling. Please do not be concerned. The swelling diminishes (24-48 hours) and your lips will become evenly shaped.

**COLOR:** Following the micro-pigmentation procedure, skin on the lips will react differently than the rest of your skin.

You will experience three stages:
1. Initial color is “too much”, until a slight peeling occurs at about 4-5 days.
2. The color is then “not enough” – you may think that it is abnormal and want to come back earlier for your second application. YOU MUST WAIT!
3. 3-4 weeks later the color “miraculously” reappears; however, it is much softer and with a more muted tone than the original color.

**MEDICATIONS:** Most clients get a prescription for antiviral medication ZOVIRAX, FAMVIR or VALTREX (7 days before/5 days after). It prevents cold sores and/or herpes break out.

**LIPS AFTER CARE**

Immediately after the procedure and during the first 24 hours tea bags may be used in case of significant swelling and/or discomfort. Brew tea bags in hot water for five minutes. Place teabags in ice water. When cold, place the teabags over your lips for ten minutes. You may store your tea bags in a baggy and keep them in the refrigerator. A tea bag compress is also good for puffy eyes. For discomfort take Tylenol or ibuprofen (no aspirin).

- During the healing period (1 week).
- Keep your lips moist all the time with the ointment prescribed.
- To clean, use only baby oil or mild soap and water. Be gentle and blot dry.
- It is preferable to avoid lipstick until after peeling has occurred. But you may apply some, if necessary, providing it is clean (wipe it thoroughly before applying to your lips).
- Avoid direct exposure to the sun.
- Do not soak in water.
- Avoid spicy food and heat.
- Once healing is complete you may resume regular care.
- If you apply makeup you might cover your lips. Use a cotton swab dipped in baby oil to clean the makeup from your lips. If you do not wear lipstick, you should apply a sun block.